



Flann's Guinness Breakfast Challenge

Every Saturday & Sunday
during brunch 9am to 3pm

INGREDIENTS

3 Rashers, 4 Irish Sausages, 3 Fried Eggs on top of 1 Pancake,
6 pieces of White & Black Pudding
Grilled Tomato, Mushroom & Veggies, Home Fries,
Irish Baked Beans, White Toast & Brown Bread w/butter
a Bowl of Fresh Chopped Fruit.
Optional a Pint of Guinness.

RULES

Absolutely NO sharing, NO helping, NO trips to bathroom.
Must finish under 1 hour.

REWARD

"Flann's Guinness Irish Breakfast" t-shirt.
Do it with a pint of Guinness, get t-shirt & a hat.
Your name & photo on Flann's website & Facebook .
Bragging rights, free desert & a \$10 gift card.